

PERSONAL DETAILS

TITLE (CIRCLE AS APPROPRIATE) MR MRS MISS OTHER
FORENAME:
SURNAME:
DATE OF BIRTH:
MEMBERSHIP CARD NUMBER:
ADDRESS:
POSTCODE:
TELEPHONE NUMBER:
EMAIL ADDRESS:
ARE YOU HAPPY TO RECEIVE EMAIL UPDATES? YES NO
MONTHLY MEMBERSHIP TYPE (CIRCLE AS APPROPRIATE)
FULL £55 OFF-PEAK £44 GYM ONLY £42
SWIM & STEAM £44 GYM ONLY OFF-PEAK £37
SWIM, STEAM & CLASSES £50 JUNIOR (16-17S ONLY) £30
JOINT* FULL £100 JOINT* OFF-PEAK £80
*JOINT QUALIFIES AS PARTNER/SPOUSE SHARING THE SAME ADDRESS AND BANK ACCOUNT. JUNIOR QUALIFIES AS 16-17 YEARS ONLY.
GYM INDUCTIONS
GYM INDUCTIONS PLEASE BOOK IN FOR A GYM INDUCTION WITH ONE OF OUR TEAM UPON
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Health & Fitness
EMERGENCY CONTACT DETAILS NAME:
TELEPHONE:
MEDICAL CONDITIONS
PLEASE CIRCLE ANY OF THE FOLLOWING
MEDICAL CONDITIONS THAT APPLY TO YOU.
 HIGH BLOOD PRESSURE
 LOW BLOOD PRESSURE
 HEART CONDITION
- ASTHMA
 FAINTING OR DIZZINESS
 MAJOR SURGERY IN THE PAST 18
MONTHS
 JOINT PROBLEMS OR PAIN
• STROKE
• DIABETES
• EPILEPSY
 MIGRAINES
 HIGH CHOLESTEROL
 SPINE PROBLEMS
 CHEST PROBLEMS
 LONG COVID

I HAVE READ THE RULES OF PULSE HEALTH & FITNESS AND AGREE TO BE BOUND BY THEM. AVAILBLE TO REVIEW AT WWW.CASTLEGREEN.CO.UK . ALL INFORMATION PROVIDED ON THIS FORM IS CORRECT TO THE BEST OF MY KNOWLEDGE.

BEFORE THE END OF THE MONTH TO AVOID YOUR NEXT PAYMENT LEAVING YOUR

CLUB MEMBERSHIP IS NON-TRANSFERABLE BETWEEN INDIVIDUALS AND THE FEES ARE

NON-REFUNDABLE. IF YOU NEED TO CANCEL FOR ANY REASON PLEASE ALLOW 5-10 DAYS

PRINT NAME:	
SIGNATURE:	
DATE:	

ACCOUNT ON THE 1ST OF THE MONTH.

PLEASE READ

PLEASE PROVIDE MORE INFORMATION HERE:

CANCER

• OTHER

• ARE YOU PREGNANT?