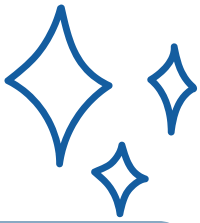


# CLASS SCHEDULE



Mon

Tue

Wed

Thu

Fri

Stretch & Tone  
11am-12pm  
Pete

Aqua Aerobics  
10.30am-11am  
Carla

Yoga  
10.30am-12pm  
Lisa

Yoga  
10.30am-12pm  
Lisa

Pilates  
9.30am-10.15am  
Carla

Vibe Cycle  
5.45pm-6.30pm  
Carla

Pilates  
11am-11.45am  
Carla

Aqua Aerobics  
10:30am-11am  
Carla

Core Strength &  
Stretch  
6.30pm-7pm  
Carla

Yoga  
7.30pm-9pm  
Lisa